

READING ACTIVITY

UNIQUE

11.2

MODERN ENGLISH

anytime anyWhere

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HINTS FOR READING

Dictionaries slow you down!

If you have chosen the right, fairly easy sort of book for your general reading practice, you will not need to use a dictionary for such an exercise. If you really must know the dictionary meaning of all the words you meet (a doubtful necessity), jot them down on a piece of paper to look up later. Actually, the meaning of many words will be clear from the sentences around them—what we call the context. Here is an example. Do you know the word “sou’wester”? It has two meanings in English as the following sentences indicate:

- A In spite of the fact the fishermen were wearing **sou’westers**, the storm was so heavy that they were wet through.
- B An east or north-east wind brings cold, dry weather to England, but a **sou’wester** usually brings rain.

You should have guessed very easily that in sentence A, the word “sou’wester” refers to some kind of waterproof clothing, presumably quite thick and heavy since it is worn by fishermen in storms. In sentence B, it is clearly a kind of wind, coming from a south-westerly direction. Incidentally, you would have had the greatest difficulty in finding this word in most dictionaries since it often appears a long way down among the secondary meanings of south. If you didn’t know that “sou” meant “south” in the first place, you could only have found the word by the merest chance.

A Which of the following choices most adequately sums up the ideas of the whole paragraph?

1. Paragraph 1

- A) A diet without protein makes you weak.
- B) Those who oppose to vegetarianism are generally meat-addicts.
- C) Some religions forbid their believers to eat meat.

2. Paragraph 2

- A) Amino acids taken from vegetables are much healthier.
- B) There are more than twenty amino acids in an animal protein.
- C) Vegetarianism is not a good way of staying healthy physiologically.

3. Paragraph 3

- A) To keep healthy, an average person should consume at least 70 grams of protein per day.
- B) The price of a vegetable is fair; however, it doesn't have enough protein to meet a person's daily need.
- C) There isn't a consensus among vegetarians about how much protein they need.

4. Paragraph 4

- A) Lacto-vegetarianism is one of the most adopted vegetarianism types among young people.
- B) A type of vegetarianism which doesn't refuse to consume dairy products could meet the needs of a healthy body.
- C) Foods like meat, cheese, milk, fish, and eggs have nearly the same amount of usable animal protein.

5. Paragraph 5

- A) In order to protect its useful content, cooking style of a food is of great importance.
- B) There is more vitamin C in fruits than in vegetables and meat.
- C) The faster you cook meat, the more digestible it will become.

6. Paragraph 6

- A) A balanced diet containing any elements from all foods is the best for a healthy body.
- B) It has been over a century since vitamins were discovered.
- C) Western diets lack vitamins, which leads to higher obesity rates.

B Are the sentences True (T) or False (F) according to the passage?

- ___ 1. Not all vegetarians refuse anything obtained from animals.
- ___ 2. A person who never eats food containing protein cannot survive.
- ___ 3. Lacto-vegetarianism means tolerating some types of animal products like milk and cheese.
- ___ 4. Vegetables are cheaper than meat.
- ___ 5. Carbs are thought to be an alternative to protein by some people.
- ___ 6. There are no amino-acids in fruit and vegetable products.
- ___ 7. A strict vegetarianism causes some health risks.
- ___ 8. According to vegetarians, 70 grams of protein a day is not sufficient.
- ___ 9. There is a tolerable type of vegetarianism called lacto-vegetarianism.
- ___ 10. The more diverse one's diet is, the healthier he/she will become.

C Choose the best option according to the information given in the passage.

1. The dolphin is a mammal ----.

- A) which can be found in oceans
- B) which can move quickly and easily although it is really big
- C) but many people claim that it is a fish
- D) which used to be a whale in the pre-historic age
- E) which can talk due to its bottle-shaped nose

2. Many people think that dolphins ----.

- A) can learn to talk
- B) are fond of children only
- C) are from the same species as whales
- D) protect humans especially from sharks
- E) used to be sacred in some societies

3. It is clear from the passage that ----.

- A) dolphins can't learn to talk without imitating sounds first
- B) humans found dolphins loveable long time ago
- C) their bottle-shaped nose makes dolphins look intelligent
- D) there are a number of cases which prove that dolphins are really protective towards humans
- E) there is just one species of dolphins

4. It cannot be inferred from the passage that ----.

- A) dolphins are intelligent and quick to learn
- B) dolphins find their prey through their ability to hear acutely
- C) dolphins' preys are mainly sharks
- D) dolphins can be found around Australia
- E) not all species of dolphins have a bottle-shaped nose

5. The gray-brown, bottle-nosed dolphin is the ----.

- A) largest dolphin
- B) fastest of all dolphins
- C) most familiar species of dolphins
- D) only dolphin which is not a mammal
- E) best hunter of oceans

6. To hunt, dolphins ----.

- A) find where the prey is according to sounds
- B) need a speed more than 20 knots
- C) have to rely on keepers in dolphinariums
- D) don't need to swim fast because they use traps
- E) imitate the sounds of their prey

7. People love dolphins so much because dolphins ----.

- A) need little care and can survive without help
- B) attract lots of visitors to dolphinariums
- C) laugh at people while swimming
- D) are curious and intelligent, and they learn fast
- E) are the most helpful animals for people

8. Which of the following could be an alternative title for the passage?

- A) Introduction of Dolphins
- B) Species of Dolphins
- C) History of Dolphin-Human Relationship
- D) Dolphins vs. Sharks
- E) New Zealand's Dolphins

- | | | | |
|---------------------|--|----------------------|---|
| 1. durable | able to be used for a long time | 12. ornament | an object that is decorative |
| 2. distinct | easy to notice | 13. copper | a reddish-brown metal element |
| 3. divisible | something that can be divided | 14. vessel | a large boat or a ship |
| 4. portable | light and small enough to carry | 15. absolute | very great |
| 5. coin | a small, round piece of metal, usually used as money | 16. silver | a shiny, white metal element |
| 6. starve | to die because of hunger | 17. currency | the money that is used in a country |
| 7. commerce | the buying and selling of goods | 18. lump | a solid mass without a shape |
| 8. barter | to exchange goods | 19. bar | a long, thin, straight piece of metal |
| 9. grain | a crop that is grown for food | 20. supplant | to take the place of something |
| 10. flavour | to give a particular taste to food | 21. remote | far away from any towns or cities |
| 11. shell | the hard outer covering of something | 22. hoard | to keep a large amount of something |
| | | 23. funeral | a ceremony for burying the dead |
| | | 24. primitive | relating to an early stage of development |

TARGET LIST

A Fill in the blanks with the words from the list above in the correct form.

- According to this newspaper, kissing has now _____ the handshake as the greeting of choice among male friends.
- Before Christmas, my tree was completely covered with _____ and lights, sitting in front of the window.
- He carries a small _____ camera with him and photographs all possible encounters.
- Greek marine archaeologists said the _____ was found at a depth of more than 2km.
- Technology had made some places rich wonderlands full of wealth, while in other places the people had so little that they sometimes _____ to death.
- Neanderthals were long assumed to be far more _____ than modern humans.
- Old traditions are still alive in Swaziland, where the monarchy has _____ power.
- Germany supplied food and raw materials from European and Latin American countries through _____.
- My immediate concern was to get everyone out of the van because there was a(n) _____ smell of smoke.
- Coconut milk is widely used in Africa to _____ many traditional dishes.
- They quickly improved trade and _____ on the islands by opening new companies.
- The Guatemalan unit of _____, the quetzal, is named for the Guatemalan national bird.
- Cloth bags are more _____ than plastic bags, and are also quite environmentally friendly.
- A large number of national notes from the Euro area, in particular German notes, were _____ or used in the central and Eastern European countries.
- Serious _____ collectors, generally tend toward currency that is no longer in circulation.
- Amaranth is a(n) _____ which grows abundantly in India, and in many other countries.
- The crowds at the _____ reflected the sense of grief felt in the neighbourhood.
- It turns out that 60 is a wonderful number because it is _____ by one, two, three, four, five, and six.
- Since anthropology started as a museum discipline, this has resulted in a focus on exotic and _____ populations.
- Silver and _____ from Japan were used to trade with India and China for silk, cotton, porcelain, and textiles.

B Fill in the blanks with the words from the target list in the correct form.

1. She is a teenager; she needs some _____ in her life. Don't call her every hour.
2. You need to understand that you are new to this job, and there is nothing wrong with _____ experienced people.
3. I never suspected her but it appears it was her who have been _____ stealing our food.
4. My mom thinks I don't go abroad because I can't afford it, but actually it is a _____ decision.
5. There is a sense that if your nose starts bleeding, you should _____ your head, but actually this has no medical base.
6. I accidentally left the dough on the kitchen table yesterday and it became _____, so I threw it out.
7. In a war, you either _____ or fight until you lose or win.
8. Some famous people don't like when people _____ to them in public to talk or take photos.
9. It is your brother's wedding, man. You should wear your best _____ and greet the guests.
10. In a job interview you shouldn't be embarrassed to _____ your skills.

C Complete the following sentences with words and expressions in the boxes.

briefly

disappear

furtively

deliberate

hesitate

indicate

stiff

shake

interview

disapproval

1. I swear I saw a bug on the floor but when my father came to throw it out, the bug _____.
2. I could have written the intro of the book but you were so _____ to do it, so I let you.
3. Anthony is new here, so as his manager, you should talk to him _____ about his tasks.
4. He is working out every day and taking protein supplements, that's why he looks _____.
5. _____ all your points one by one in the meeting, and we'll select the best ones.
6. I do everything to make my wife happy but all I gain is her _____. I can't take this anymore.
7. I am your biggest fan, and I would really love to do a(n) _____ with you about your new book.
8. I have been _____ learning everyone's favourite colour to buy them individual gifts.
9. We'll just stop by and say hi, maybe _____ some hands and then leave.
10. My problem is that I always _____ before having fun, and then I can't have fun.

approach

confident

roughly

spacious

statement

maintain

privacy

appearance

pleasantly

consult

11. I like it when my friends are _____. They are beautiful and smart; they deserve the best.
12. I have decided not to get married, because I don't want to lose my _____.
13. When going through a break-up, women usually go for a change in their _____.
14. Autistic people can't _____ eye contact for a long time.
15. _____ 15 million people are living in İstanbul. That's about twice the population of New York.
16. Do you want to share your _____ with us? We are curious about the results.
17. In Turkish weddings, gold as a gift is _____ accepted.
18. We are 14 people working together, of course we need a(n) _____ office.
19. If you are preparing for the university, you should _____ your teachers about your studies.
20. If you are looking for a scholarship, you should _____ the student's affairs first.

OLYMPIC GAMES

Critics of the modern Olympic Games complain that, with all the sponsorship money involved, the true spirit of amateurism has been lost. They believe that the publication of a league table, showing the number of medals won by each country, transforms the event into a serious international competition rather than the friendly contest between athletes that it was intended to be. Furthermore, they say that the whole organization has become so controlled by the media that athletes now have to perform at inconvenient times and in unfavourable conditions in order that the events should coincide with peak television viewing time.

Apart from the fact that they are held at four-yearly intervals, the modern Games bear little resemblance to the competitions of ancient Greece, the most prestigious of which took place at Olympia in the south-west of the country. Scholars date the earliest meeting at 776 BC, more than 2,500 years ago. Recent excavations have revealed the ground plan of the area where the first trophies (not gold medals and cups but simple crowns of olive leaves) were won. Although only judges had proper seats, ten thousand male spectators could watch the spectacle from the hill of Cronos to the north of the arena. Women and slaves were admitted neither as contestants nor as spectators.

